

APPENDIX A

Year 2000 Health Objectives for the Nation: State Summary of BRFSS¹ Data for 2000

Healthy People 2000 ² Objectives ³	Yr 2000 Target	Montana, 2000
Overweight (Objective #1.2)		
Ages ≥ 18	≤ 20%	53.1% (±2.5)
Regular and Sustained Physical Activity (Objective #1.3)		
Ages ≥ 18	≥ 30%	24.0% (±2.1)
Regular and Vigorous Physical Activity (Objective #1.4)		
Ages ≥ 18	≥ 20%	18.6% (±2.0)
No Leisure-time Physical Activity (Objective #1.5)		
Ages ≥ 18	≤ 15%	23.3% (±2.0)
Ages ≥ 65	≤ 22%	33.4% (±4.8)
Cigarette Smoking (Objective #3.4)		
Ages ≥ 18	≤ 15%	18.8% (±1.8)
Fruit and Vegetable Consumption (five or more servings per day) (Objective #16.8)		
Ages ≥ 18	not specified	22.8% (±2.0)
Permanent Tooth Loss Due to Caries or Periodontal Diseases (none) (Objective #13.3)		
Ages 35-44	≥ 45%	69.4% (±4.7)
Total Tooth Loss (Objective #13.4)		
Ages ≥ 65	≤ 20%	30.8% (±4.7)
Regular Dental Visits (within past year) (Objective #13.14)		
Ages ≥ 35	≥ 70%	71.5% (±2.4)

Clinical Breast Exam and Mammogram (ever had) (Objective #16.11)		
Women ages ≥ 40	≥ 80%	84.3% (±2.4)
Women ages ≥ 70	≥ 80%	81.6% (±5.9)
Low-income (annual family income <\$10,000) women ages ≥ 40	≥ 80%	87.4% (±9.1)
Clinical Breast Exam and Mammogram (within past two years) (Objective #16.11)		
Women ages ≥ 50	≥ 60%	74.6% (±3.8)
Women ages ≥ 70	≥ 60%	68.6% (±7.0)
Low-income (annual family income <\$10,000) women ages ≥ 50	≥ 60%	Insufficient Data
Pap Smear, Women with Intact Uterine Cervix (ever had) (Objective #16.12)		
Ages ≥ 18	≥ 95%	96.9% (±2.3)
Ages ≥ 70	≥ 95%	95.9% (±4.2)
Low-income (annual family income <\$10,000) women ages ≥ 18	≥ 95%	96.1% (±7.1)
Pap Smear, Women with Intact Uterine Cervix (within past three years) (Objective #16.12)		
Ages ≥ 18	≥ 85%	88.8% (±2.9)
Ages ≥ 70	≥ 70%	77.5% (±8.2)
Low-income (annual family income <\$10,000) women ages ≥ 18	≥ 80%	88.7% (±4.9)
Influenza Immunization (within past year) (Objective #20.11)		
Ages ≥ 65	≥ 60%	72.3% (±4.5)
Pneumococcal Pneumonia Immunization (ever had) (Objective #20.11)		
Ages ≥ 65	≥ 60%	64.9% (±4.9)

¹ Behavioral Risk Factor Surveillance System

² Public Health Service. Healthy People 2000: National Health Promotion and Disease Prevention Objectives—full report with commentary. Washington, DC: U.S. Department of Health and Human Services, 1991.

³ In some cases, BRFSS definitions of objectives differ slightly from those in Healthy People 2000. See Healthy People 2000 for the exact definition of the objective.